

Update your O.S.

Your operating system is the **James Bond** of your devices. That's why cybercriminals want to kidnap it, tie it to a chair, and torture it until it gives up your data. Can't remember to update? Just set your OS to **update automatically** and you'll never have to.

Create timeouts and login screens for your devices

Screen protectors guard your phone against breaks. Screen logins guard it against break-ins. They keep prying eyes off your data when you're distracted and make it harder for cyberthieves to hack.

Encrypt your data

Encryption software is easy to find. Choose one and use it to scramble your bank statements and those text messages you can't part with.

Back up your data

Hackers use ransomware to encrypt your data and hold it for ransom. **Rather than pay a cyberthief \$200** to get your research paper back, save that cash for something more essential, like a house party.

Change your attitude



Ransomware attacks in the US are up 250%, and 22% of college students report being cyberbullied. Try to be as careful surfing the internet as you are when you're driving your car. Adopting a new attitude towards cybersecurity keeps your data, devices, and reputation safer.